

# DUAL DIAGNOSIS SUPPORT GROUP

**1<sup>ST</sup> AND 3<sup>RD</sup> TUESDAYS**  
**AT 7-8:30 PM**

LOCATED AT **NAMI DUPAGE**  
**115 N COUNTY FARM RD,**  
**WHEATON, IL 60187**

Millions of Americans live with a "dual diagnosis," which means they experience **mental illness and a substance use disorder simultaneously**. Dealing with a dual diagnosis can feel challenging and isolating. Support groups allow members to share frustrations, successes, where to find the best community resources and tips on what works best when trying to recover.

THE GROUP IS LED BY  
A **NAMI DUPAGE PEER COUNSELOR**  
AND A **LICENSED CLINICIAN**

FOR MORE INFO, VISIT  
[namidupage.org/support](http://namidupage.org/support)